



2019

DAN ALCH'S CAMP OF

Champions

JUNE 26-27 & 29 BOYS CAMP HAWAII (HITS)

HONOLULU, HAWAII

1151 Mapunapuna St. D3, Honolulu, HI 96819

CAMP COST: ~~\$550~~ \$275

FOR HITS
ATHLETES

Coach Clinics \$250 (10 Athletes 1/2 off a coach)

Contact: Erin Pakele 808-839-4494 • Info@hawaiianislandtwisters.com

5 hours a day of gymnastics!
With great rotations
Coaches' Clinics each day

WED, June 26 12n-5p
THURS, June 27 12n-5p
SAT, June 29 8a-12n

Athletes Levels 2 to Elite & Excell
National & International
level coaching

The goal of the clinic is to give the athletes the opportunity to work with and socialize with some of the premier coaches and former national and international athletes. We feel that this clinic will benefit the athletes both physically and mentally. During these camps we will provide a high energy and exciting experience for athletes from levels 2-Elite, introducing new skills and philosophies of training. We hope these camps will have a profound impact, not only in the short term but throughout their gymnastics careers.



*RIP JOHN SMITH



- 2018 STAFF CAMP OF CHAMPIONS -

JOE RAPP

Head Coach, Hawaiian Island Twisters

MIKE HUNGER

Head Coach, Twin City Twisters

DERICK MOELLENBECK

National Team Coach

MIKE LYNCH

Olympic Coach

RAJ BHAVSAR

2008 Olympian

JEFF LUTZ

Owner/Head Coach Gymnastics Plus

QUIN SHANNON

2018 USA educator of the year

GEORGE HERY

World champion, trampoline

STEVE ARKELL AND

GABRIELA AVILEZ-ARKELL

Former USA and Canadian National Team coach and Co-Head coaches
Maverick Gymnastics Texas

DARYN MCCORD

Las Vegas professional dancer

BRAD LOAN

National Team Coach

PETE DOYLE

Nor-Cal

TERIN HUMPHREY

2004 Olympian

MARY WRIGHT

Olympic Coach

FRANK & JOHNNA KUDLAC

Achievers Gymnastics Owners

VLADAMIRE ARTEMOV

Olympic AA Champion (4 Gold medals)

NOMI NILSON

Professional Dancer California

IVAN ALEXOV

National Staff

BYRON FONSECA

Owner, Rainbow Gymnastics

WALLY MEIERAREND

GAGE Center

PAULA & TONY GEHMAN

National Team Coach

RHONDA FAEHN

3-time NCAA National Champions
University of Florida and 1988 Olympic alternate

KEVIN MAZEIKA

3 X Olympic Team Head Coach

MIK NELKE

Camp legend

MOHINI BHARDWAJ

DE FREITAS

2004 Olympic Silver Medalist, Team Captain & 4x NCAA Champ

SHANE DE FREITAS

1996 Olympian, Barbados & P Bar Skill, de Freitas