

**Hawaiian Island Twisters**  
**COVID-19 Policy and Procedures**  
Updated **3.16.2022**

**HITS COVID-19 POLICY Updated 3.16.22:**

We are continuing the [HDOH's COVID-19 Isolation and Quarantine policies](#). Please see below for details. The One Oahu Safe Access program has been discontinued. We no longer require proof of vaccination or a negative COVID-19 test result for entry.

**If COVID-19 positive regardless of vaccination status**

- Isolate for at least 5 days and until symptoms are gone.
- Continue to wear a mask for five days after isolation.

**If exposed to COVID-19**

- Boosted, or fully vaccinated within past six months (or within past 2 months if J&J)
  - No need to quarantine
  - Wear a mask for ten days
  - Get tested on day five

Neither boosted nor fully vaccinated

- Quarantine for five days
- Wear a mask for five days after quarantine
- Get tested on day five

Anyone with COVID-19 symptoms, even mild symptoms, should stay home from work, school and other activities. Those with symptoms who have not been tested should be tested as soon as possible.

Vaccination and testing options are available at [hawaiicovid19.com](http://hawaiicovid19.com).

[COVID-19 HDOH Home Isolation and Quarantine Guidance](#)

**REPORTING**

If your child is identified as a close contact and is required to self-quarantine, please let us know via email: [Info@hawaiianislandtwisters.com](mailto:Info@hawaiianislandtwisters.com). We are unable to prorate or refund any classes missed due to a mandatory quarantine or self-isolation.

We are monitoring updates from the Center for Disease Control and Department of Health regarding the spread of COVID-19. Our focus is to ensure we meet our members' needs while doing our part to keep our athletes, our employees, and our community safe.

HITS would like to remind you that discrimination or harrassment against individuals that are suspected to have tested positive for, or been exposed to, COVID-19, is strictly prohibited. Due to the sensitivity of this matter, we request that you not engage in conversation or speculation about who may have tested positive. Employees who engage in this behavior may be subject to disciplinary action up to and including termination.